

## CODE OF CONDUCT AND ADVICE FOR PARENTS AND GUARDIANS

### To all Parents and Guardians

We welcome parents to all training and competitions and value your support. If you would like to get involved please speak to the coach or manager or phone Geoff or Lynn Allen on 01202 740021. Below is some general information:

Arrangements should be made for your child to travel to and from training sessions and matches. We appreciate it if children can arrive promptly and are collected promptly at the end of the session, if they are not making their own way home. If you are going to be late picking your child up please ensure somebody knows. Club training kit consists of *proper footwear and sports wear*. Each player will be given a club shirt when they become members. The cost of each training session will be advised to you. Competition fees vary and will be advised at the time. The club has a small membership fee depending on age and this should be paid within four weeks. We would be grateful if you could complete the attached club parent consent form immediately. For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant should your child fall ill or be involved in an accident while at the club.

### A few guidelines for parents and guardians of junior players:

More children than ever are taking part in volleyball. Most do so just for fun but some wish to take it more seriously. Whatever the level of participation parents play an important role. As well as having fun playing an enjoyable sport your child can obtain a sense of achievement, competence and self worth as well as reinforcing discipline and respect. Parents can help by being supportive, interested, encouraging and caring.

### Please

- Support your child's involvement and help them to enjoy their volleyball
- Do encourage effort and performance rather than results
- Never punish or belittle a child for losing or making mistakes
- Do advise the coach of any aches and pains your child is suffering.
- Don't forget that the child is still growing and prolonged repetitive training which may be appropriate for an adult can have long term effects on the growth and development of a child. Whilst growing the child will have spells where they become uncoordinated and their performance level will fall. They will need to understand that this is temporary and lots of encouragement at this dispiriting time will be vital.
- Encourage your child to learn the rules and play within them
- Discourage unfair play and arguing with officials. Publicly accept officials' judgements.
- Don't turn a blind eye to bad behaviour, cheating or bad manners. To do so will infer that you condone such behaviour and that you do not consider personal standards and respect for others in sport.
- Don't coach from the sidelines and do try to show good sportsmanship to both teams.
- Set a good example by recognising fair play and applauding the good performances of all. Use correct and proper language at all times
- Do get to know other parents so that you can perhaps share transport etc
- Do contact your doctor if you are in any doubt about whether any medicine your child is taking may be on the banned drug list.
- Never force your child to take part in volleyball.