

WESSEX CLUB PLAYER RULES

All players:

Wessex players must abide by the Club rules and decisions

Players must play within the rules and respect officials and their decisions

Players must respect opponents

Players should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late or not available

Players must wear suitable kit for volleyball and must remove or tape jewellery for training and match sessions, as agreed with the coach/team manager

Players must pay any fees for training or events promptly

Players are not allowed to smoke on club premises or whilst representing the club at competitions

Players are not allowed to consume alcohol on the club premises or whilst representing the club.

Players are not to use hard or soft drugs of any kind; this and other excessive behaviour can cause exclusion from the Club

Players must behave to the highest standards at all times, showing discipline on and outside the court

Players must follow instructions / rules set by their team / squad coach / manager

To wear team / Club clothing during training (where possible), games and demonstrations.

If worn, Club owned shirts should be returned clean as soon as possible or at the latest within two weeks.

Players must ensure that the Club is given details of all volleyball related matters (e.g. representative selection, tournament wins, awards etc) for inclusion on the Wessex web site and for publicity purposes.

Players will do, to the best of their ability, any team / Club job they are asked to do

The Club does have an excellent reputation both locally and nationally. We wish to maintain this. Please remember that you are representing yourself, your family and the Club so any poor behaviour will not be tolerated.

In addition.....

Elite players

Players must be in the best physical condition they can

Not consume alcohol within 48 hours prior to match or tournament

Players will be expected to take part in physical testing

Juniors

Players must bring their Club "personal" card to all sessions and matches.

All juniors must bring their own water bottle to training and matches.

All notes should be given to parents – not left in pockets or on the Sports hall floor!

Players must balance education and sport commitments as best as possible and communicate this with the coach as appropriate

Please remember to show your respect and appreciation to all who help you.